# Schedule of benefits

# **Prepared for:**

Policyholder:	State of Alaska - Political Subdivision
Policyholder number:	GP- 0181162
Group policy effective date:	July 1, 2022
Plan name:	Open Choice - Political Subdivision under the Option III Plan
Schedule of Benefits:	1B
Plan effective date:	July 1, 2022
Plan issue date:	July 10, 2022

# Underwritten by Aetna Life Insurance Company in the state of Alaska



# Schedule of benefits

This schedule of benefits (schedule) lists the **deductibles**, **copayments** or **coinsurance**, if any apply to the **covered services** you receive under the plan. You should review this schedule to become aware of these and any limits that apply to these services.

### How your cost share works

- The **deductibles** and **copayments**, if any, listed in the schedule below are the amounts that you pay for **covered services**.
  - For the **covered services** under your medical plan, you will be responsible for the dollar amount
  - For pharmacy benefits where a percentage cost share acts like a copayment, you will be responsible for the percentage amount
- **Coinsurance** amounts, if any, listed in the schedule below are what the plan will pay for **covered services**.
- Sometimes your cost share shows a combination of your dollar amount **copayment** that you will be responsible for and the **coinsurance** percentage that your plan will pay.
- You are responsible to pay any **deductibles**, **copayments** and remaining **coinsurance**, if they apply and before the plan will pay for any **covered services**.
- This plan doesn't cover every health care service. You pay the full amount of any health care service you get that is not a **covered service**.
- This plan has limits for some **covered services**. For example, these could be visit, day or dollar limits. They may be:
  - Combined limits between in-network and out-of-network providers
  - Separate limits for in-**network** and **out-of-network providers**
  - Based on a rolling, 12 month period starting with the date of your most recent visit under this plan See the schedule of benefits for more information about limits.
- Your cost share may vary if the **covered service** is preventive or not. Ask your **physician** or contact us if you have a question about what your cost share will be.

For examples of how cost share and **deductible** work, go to the *Using your Aetna benefits* section under Individuals & Families at <u>https://www.aetna.com/</u>.

#### Important note:

**Covered services** are subject to the Calendar Year **deductible**, **maximum out-of-pocket**, limits, **copayment** or **coinsurance** unless otherwise stated in this schedule of benefits.

Your **out-of-network** cost share is based on the **allowable amount**. Refer to the *Allowable amount* in *What the plan pays and what you pay* in *your* certificate.

Under this plan, you will:

- 1. Pay your **copayment**
- 2. Then pay any remaining **deductible**
- 3. Then pay your **coinsurance**

Your **copayment** does not apply to any **deductible**.

# How your deductible works

The **deductible** is the amount you pay for **covered services** each year before the plan starts to pay. This is in addition to any **copayment** or **coinsurance** you pay when you get **covered services** from an in-network, **out-of-network provider**. This schedule shows the **deductible** amounts that apply to your plan. Once you have met your **deductible**, we will start sharing the cost when you get **covered services**. You will continue to pay **copayments** or **coinsurance**, if any, for **covered services** after you meet your **deductible**.

# How your PCP or physician office visit cost share works

You will pay the **PCP** cost share when you get **covered services** from any **PCP**.

### How your maximum out-of-pocket works

This schedule shows the **maximum out-of-pocket limits** that apply to your plan. Once you reach your **maximum out-of-pocket limit**, your plan will pay for **covered services** for the remainder of that year.

# **Contact us**

We are here to answer questions. See the *Contact us* section in your certificate.

Aetna Life Insurance Company's group policy provides the coverage described in this schedule of benefits. This schedule replaces any schedule of benefits previously in use. Keep it with your certificate.

# **Plan features**

### Precertification covered services reduction

This only applies to out-of-network **covered services**: Your certificate contains a complete description of the **precertification** process. You will find details in the *Medical necessity and precertification* section.

If **precertification** for **covered services** isn't completed, when required, it results in the following benefit reduction:

• A \$400 benefit reduction applied separately to each type of **covered service** 

You may have to pay an additional portion of the **allowable amount** because you didn't get **precertification**. This portion is not a **covered service** and doesn't apply to your **deductible** or **maximum out-of-pocket limit**, if you have one.

### Deductible

You have to meet your **deductible** before this plan pays for benefits.

Deductible type	In-network	Out-of-network
Individual	\$750 per year	\$750 per year
Family	\$2,250 per year	\$2,250 per year

### **Deductible waiver**

There is no **network deductible** for the following **covered services**:

- Preventive care
- Family planning services female contraceptives

# Deductible and cost share waiver for risk reducing breast cancer prescription drugs

The **prescription** drug **deductible** and per **prescription** cost share will not apply to risk reducing breast cancer **prescription** drugs when obtained at a network pharmacy. This means they will be paid at 100%.

# Deductible and cost share waiver for contraceptives (birth control)

The **prescription** drug **deductible** and per **prescription** cost share will not apply to female contraceptive methods when obtained at a network pharmacy. This means they will be paid at 100%. This includes certain OTC and generic contraceptive **prescription** drugs and devices for each of the methods identified by the FDA. If a **generic prescription drug** is not available, the **brand-name prescription drug** for that method will be paid at 100%.

The **prescription** drug **deductible** and cost share will apply to **prescription** drugs that have a generic equivalent or alternative available within the same therapeutic drug class obtained at a network pharmacy unless we approve a medical exception. A therapeutic drug class is a group of drugs or medications that have a similar or identical mode of action or are used for the treatment of the same or similar disease or injury.

# Deductible and cost share waiver for tobacco cessation prescription and OTC drugs

The **prescription** drug **deductible** and the per **prescription** cost share will not apply to the first two 90-day treatment programs for tobacco cessation **prescription** and OTC drugs when obtained at a network **retail pharmacy**. This means they will be paid at 100%. Your per **prescription** cost share will apply after those two programs have been exhausted.

### Per admission deductible

Per admission deductible type	In-network	Out-of-network
Per admission deductible	Not applicable	\$500 per admission

# Maximum out-of-pocket limit

Includes the **deductible**.

Maximum out-of- pocket type	In-network	Out-of-network
Individual	\$2,750 per year	\$2,750 per year
Family	\$8,250 per year	\$8,250 per year

### Outpatient prescription drug maximum out-of-pocket limit

Maximum out-of- pocket type	In-network	Out-of-network
Individual	\$1,000 per year	\$1,000 per year
Family	\$3,000 per year	\$3,000 per year

# **General coverage provisions**

This section explains the deductible, maximum out-of-pocket limit and limitations listed in this schedule.

#### **Deductible provisions**

Covered services apply to the in-network and out-of-network deductibles

The **deductible** may not apply to some **covered services**. You still pay the **copayment** or **coinsurance**, if any, for these **covered services**.

#### Individual deductible

You pay for **covered services** each year before the plan begins to pay. This individual **deductible** applies separately to you and each covered dependent. After the amount paid reaches the individual **deductible**, this plan starts to pay for **covered services** for the rest of the year.

#### **Family deductible**

You pay for **covered services** each year before the plan begins to pay. After the amount paid for **covered services** reaches this family **deductible**, this plan starts to pay for **covered services** for the rest of the year. To satisfy this family **deductible** for the rest of the year, the combined **covered services** that you and each of your covered dependents incur toward the individual **deductible** must reach this family **deductible** in a year. When this happens in a year, the individual **deductibles** for you and your covered dependents are met for the rest of the year.

### **Deductible credit**

If you paid part or all of your **deductible** under other coverage for the year that this plan went into effect, we will deduct the amount paid under the other coverage from the **deductible** on this plan for the same year. If we ask, you must submit a detailed explanation of benefits (EOB) showing the dates and amount of the **deductible** met from the other coverage in order to receive the credit.

### Copayment

This is a flat fee you pay for certain visits or **covered services**. A copay can be a dollar amount or percentage. This is in addition to any out-of-pocket costs you have to pay to meet your **deductible**, if you have one.

### Coinsurance

This is the percentage of the bill you pay after you meet your **deductible**. This is in addition to any out-of-pocket costs you have to pay to meet your **deductible**, if you have one.

#### Per admission cost share or deductible

A separate cost share or **deductible** may apply per facility. This is in addition to any other cost share or **deductible** applicable under this plan. It may apply to each **stay** or on a per day basis up to a per admission maximum amount. If you are in the same type of facility more than once, and your **stays** are separated by less than 10 days (regardless of cause), only one per admission cost share or **deductible** will apply. Not more than three per admission cost shares or **deductibles** will apply for a facility type during the year. **Covered services** applied to the per admission **deductible** can't be applied to any other **deductible** required under the plan. **Covered services** applied to the plan's other **deductible** will not apply to the per admission **deductible**.

# Maximum out-of-pocket limit

The **maximum out-of-pocket limit** is the most you will pay per year in **copayments**, **coinsurance** and **deductible**, if any, for **covered services**.

Covered services apply to the in-network and out-of-network maximum out-of-pocket limit.

#### Individual maximum out-of-pocket limit

- This plan may have an individual and family **maximum out-of-pocket limit**. As to the individual **maximum out-of-pocket limit**, each of you must meet your **maximum out-of-pocket limit** separately.
- After you or your covered dependents meet the individual **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that would apply toward the limit for the rest of the year for that person.

### Family maximum out-of-pocket limit

After you or your covered dependents meet the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that would apply toward the limit for the remainder of the year for all covered family members. The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members.

To satisfy this **maximum out-of-pocket limit** for the rest of the year, the following must happen:

- The family maximum out-of-pocket limit is met by a combination of family members
- No one person within a family will contribute more than the individual **maximum out-of-pocket limit** amount in a year

If the **maximum out-of-pocket limit** does not apply to a **covered service**, your cost share for that service will not count toward satisfying the **maximum out-of-pocket limit** amount.

Certain costs that you have do not apply toward the **maximum out-of-pocket limit**. These include:

- All costs for non-covered services which are identified in the certificate and the schedule
- Copayments and coinsurance
- All costs for non-covered services which are identified in the certificate and the schedule
- Charges, expenses or costs in excess of the allowable amount

### Limit provisions

**Covered services** applied to the in-network limit will not apply to the out-of-network limit. **Covered services** applied to the out-of-network limit will not apply to the in-network limit.

# Your financial responsibility and decisions regarding benefits

We base your financial responsibility for the cost of **covered services** on when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of **stays** that occur in more than one year. Decisions regarding when benefits are covered are subject to the terms and conditions of the group policy.

## Individual prescription drug maximum out-of-pocket limit

Once the amount of the cost share and **deductible** you have paid during the year for **covered services** meets the individual **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that apply toward the limit for you for the remainder of the year.

#### Family prescription drug maximum out-of-pocket limit

After the amount of the cost share you and your covered dependent pay for **covered services** during the year meets the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charges for **covered services** that apply toward the limit for the rest of the year for all covered family members.

This plan has an individual and family prescription drug maximum out-of-pocket limit

The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members. The family **prescription** drug **maximum out-of-pocket limit** is met by a combination of family members with no single person in the family contributing more than the individual **maximum out-of-pocket limit** in a year.

The **maximum out-of-pocket limit** may not apply to certain **covered services**. If the **maximum out-of-pocket limit** does not apply to a **covered service**, your cost share for that service will not count toward satisfying the **maximum out-of-pocket limit**.

Certain costs that you have do not apply toward the **maximum out-of-pocket limit**. These include:

• All costs for non-covered services

# **Covered** services

# Acupuncture

Description	In-network	Out-of-network
Acupuncture	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

Visit limit per year	10	10
----------------------	----	----

# Ambulance services

Description	In-network	Out-of-network
Emergency services	80% per trip after <b>deductible</b>	Paid same as in-network
Description	In-network	Out-of-network
Non-emergency services	80% per trip after <b>deductible</b>	80% per trip after <b>deductible</b>

# Applied behavior analysis

Description	In-network	Out-of-network
Applied behavior analysis	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# Autism spectrum disorder

Description	In-network	Out-of-network
Diagnosis and testing	Covered based on type of service and where it is received	Covered based on type of service and where it is received
Treatment	Covered based on type of service and where it is received	Covered based on type of service and where it is received
Occupational (OT), physical (PT) and speech (ST) therapy for autism spectrum disorder	Covered based on type of service and where it is received	Covered based on type of service and where it is received

# Behavioral health

# Mental health disorders treatment

Coverage provided is the same as for any other illness

Description	In-network	Out-of-network
Inpatient services-room and board including residential treatment facility	80% per admission after <b>deductible</b>	\$500 then the plan pays 60% per admission after <b>deductible</b>

Description	In-network	Out-of-network
Outpatient office visit to	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
a <b>physician</b> or		
behavioral health		
provider		
Physician or behavioral	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
health provider		
telemedicine		
consultation		
Outpatient <b>mental</b>	100% per visit after <b>deductible</b>	Not covered
health disorders		
telemedicine cognitive		
therapy consultations by		
a <b>physician</b> or		
behavioral health		
provider		

Description	In-network	Out-of-network
<ul> <li>Other outpatient services including:</li> <li>Behavioral health services in the home</li> <li>Partial hospitalization treatment</li> <li>Intensive outpatient program</li> </ul>	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
The cost share doesn't apply to in-network peer counseling support services		

# Substance related disorders treatment

# Includes **detoxification**, rehabilitation and **residential treatment facility** Coverage provided is the same as for any other illness

Description	In-network	Out-of-network
Inpatient services-room	80% per admission after deductible	\$500 then the plan pays 60% per
and board during a		admission after deductible
hospital stay		

Description	In-network	Out-of-network
Outpatient office visit to	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
a <b>physician</b> or		
behavioral health		
provider		
Physician or behavioral	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
health provider		
telemedicine		
consultation		
Outpatient telemedicine	100% per visit after <b>deductible</b>	Not covered
cognitive therapy		
consultations by a		
physician or behavioral		
health provider		

Description	In-network	Out-of-network
<ul> <li>Other outpatient services including:</li> <li>Behavioral health services in the home</li> <li>Partial hospitalization treatment</li> <li>Intensive outpatient program</li> </ul>	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
The cost share doesn't apply to in-network peer counseling support services		

# **Clinical trials**

Description	In-network	Out-of-network
Experimental or investigational therapies	Covered based on type of service and where it is received	Covered based on type of service and where it is received
Routine patient costs	Covered based on type of service and where it is received	Covered based on type of service and where it is received

# Diabetic services, supplies, equipment, and self-care programs

Description	In-network	Out-of-network
Diabetic services	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received
Diabetic supplies	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received
Diabetic equipment	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received
Diabetic self-care	Covered based on type of service and	Covered based on type of service and
programs	where it is received	where it is received

# **Durable medical equipment (DME)**

Description	In-network	Out-of-network
DME	80% per item after <b>deductible</b>	80% per item after <b>deductible</b>

### **Emergency services**

of-network	Out-of-network	In-network	Description
letwork	Paid same as in-network	80% per visit after <b>deductible</b>	Emergency room
etwork	Paid same as in-network	80% per visit after <b>deductible</b>	Emergency room

Non-emergency care in a <b>hospital</b> emergency	50% per visit after <b>deductible</b>	50% per visit after <b>deductible</b>
room		

#### **Emergency services important note:**

**Out-of-network providers** do not have a contract with us. The **provider** may not accept payment of your cost share as payment in full. You may receive a bill for the difference between the amount billed by the **provider** and the amount paid by the plan. If the **provider** bills you for an amount above your cost share, you are not responsible for payment of that amount. You should send the bill to the address on your ID card and we will resolve any payment issue with the **provider**. Make sure the member ID is on the bill.

# Habilitation therapy services

### Physical (PT), occupational (OT) therapies

Description	In-network	Out-of-network
PT, OT therapies	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

#### Speech therapy (ST)

Description	In-network	Out-of-network
ST	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

#### Hearing aids and exams

Description	
Hearing aid exams	80% per item after <b>deductible</b>
Hearing aids	80% per item after <b>deductible</b>

Maximum per Plan Year \$1,000	
-------------------------------	--

## Hearing exams

Description	In-network	Out-of-network
Hearing exams	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received
Visit limit	1 visit every 24 months	1 visit every 24 months

## Home health care

A visit is a period of 4 hours or less

Description	In-network	Out-of-network
Home health care	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
Visit limit per day	3 visits	3 visits

#### Home health care important note

Intermittent visits are periodic and recurring visits that skilled nurses make to ensure your proper care. The intermittent requirement may be waived to allow for coverage for up to 12 hours with a daily maximum of 3 visits.

### **Hospice care**

Description	In-network	Out-of-network
Inpatient services - room and board	80% after <b>deductible</b>	\$500 then the plan pays 80% per admission after <b>deductible</b>
Description	In-network	Out-of-network
Outpatient services	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

Limit per lifetime	unlimited	unlimited
--------------------	-----------	-----------

#### Hospice important note:

This includes part-time or infrequent nursing care by an R.N. or L.P.N. to care for you up to 8 hours a day. It also includes part-time or infrequent home health aide services to care for you up to 8 hours a day.

# **Hospital care**

Description	In-network	Out-of-network
Inpatient services –	80% after <b>deductible</b>	\$500 then the plan pays 60% per
room and board		admission after deductible

# **Infertility services**

#### Basic infertility

Description	In-network	Out-of-network
Treatment of basic	Covered based on type of service and	Covered based on type of service and
infertility	where it is received	where it is received

# Jaw joint disorder

Includes TMJ

Description	In-network	Out-of-network
Jaw joint disorder	Covered based on type of service and	Covered based on type of service and
treatment	where it is received	where it is received

#### Maternity and related newborn care

Includes complications

Description	In-network	Out-of-network
Inpatient services – room and board	80% per admission after <b>deductible</b>	\$500 then the plan pays 60% per admission after <b>deductible</b>
Services performed in physician or specialist	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
office or a facility		
Other services and supplies	80% after <b>deductible</b>	80% after <b>deductible</b>

#### Maternity and related newborn care important note:

Any cost share collected applies only to the delivery and postpartum care services provided by an OB, GYN or OB/GYN. Review the *Maternity* section of the certificate. It will give you more information about coverage for maternity care under this plan.

# Nutritional support

Description	In-network	Out-of-network
Nutritional support	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# Oral and maxillofacial treatment (mouth, jaws and teeth)

Description	In-network	Out-of-network
Treatment of mouth,	Covered based on type of service and	Covered based on type of service and
jaws and teeth	where it is received	where it is received

# Outpatient prescription drugs Preferred generic prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	\$0, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
pharmacy		
90 day supply at a <b>mail</b>	\$10, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
order pharmacy		

# Preferred brand-name prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	20% copay with a \$15 minimum and	80%, no <b>deductible</b> applies
pharmacy	\$50 maximum copayment, no	
	deductible applies	
90 day supply at a mail	\$30, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
order pharmacy		

# Non-preferred generic prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	30% copay with a \$30 minimum and	80%, no <b>deductible</b> applies
pharmacy	\$75 maximum copayment, no	
	deductible applies	
90 day supply at a mail	\$10, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
order pharmacy		

# Non-preferred brand-name prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	30% copay with a \$30 minimum and	80%, no <b>deductible</b> applies
pharmacy	\$75 maximum copayment, no	
	deductible applies	
90 day supply at a mail	\$30, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
order pharmacy		

### Anti-cancer drugs

Description	In-network	Out-of-network
30 day supply at a <b>retail</b>	\$0, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
pharmacy		
90 day supply at a mail	\$0, no <b>deductible</b> applies	80%, no <b>deductible</b> applies
order pharmacy		

# **Contraceptives (birth control)**

Brand-name prescription drugs and devices are covered at 100% when a generic is not available

Description	In-network	Out-of-network
30 day supply of generic and OTC drugs and devices	\$0, no <b>deductible</b> applies	Paid based on the tier of drug in the schedule
30 day supply of <b>brand-</b> name prescription drugs and devices	Paid based on the tier of drug in the schedule	Paid based on the tier of drug in the schedule

## Preventive care drugs and supplements

Description	In-network	Out-of-network
Preventive care drugs and supplements	\$0, no <b>deductible</b> applies	Paid based on the tier of drug in the schedule
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)
	For a current list of covered preventive care drugs and supplements or more information, see the <i>Contact us</i> section	For a current list of covered preventive care drugs and supplements or more information, see the <i>Contact us</i> section

#### **Risk reducing breast cancer drugs**

Description	In-network	Out-of-network
Risk reducing breast cancer <b>prescription</b> drugs	\$0, no <b>deductible</b> applies	Paid based on the tier of drug in the schedule
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)
	For a current list of risk reducing breast cancer drugs or more information, see the <i>Contact us</i> section	For a current list of risk reducing breast cancer drugs or more information, see the <i>Contact us</i> section

### **Tobacco cessation drugs**

Description	In-network	Out-of-network
Tobacco cessation	\$0, no <b>deductible</b> applies	Paid based on the tier of drug in the
prescription and OTC		schedule
drugs		
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines in the recommendations of the USPSTF.	Subject to any sex, age, medical condition, family history and frequency guidelines in the recommendations of the USPSTF.
	For a current list of covered tobacco cessation drugs or more information, see the <i>Contact us</i> section. See the <i>Other services</i> section of this schedule for more information.	For a current list of covered tobacco cessation drugs or more information, see the <i>Contact us</i> section. See the <i>Other services</i> section of this schedule for more information.

### **Outpatient prescription drug important note:**

If a **provider** prescribes a covered **brand-name prescription drug** when a **generic prescription drug** equivalent is available and specifies "Dispense As Written" (DAW), you will pay the cost share for the brand-name drug. If a **provider** does not specify DAW and you request a covered **brand-name prescription drug**, you will be responsible for the cost difference between the brand-name drug and the generic drug, plus the cost share that applies to the brand-name drug.

# **Outpatient surgery**

Description	In-network	Out-of-network
At hospital outpatient	80% per visit after <b>deductible</b>	60% per visit after <b>deductible</b>
department		
At facility that is not a	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
hospital		

# Physician and specialist services

# Physician services-general or family practitioner

Description	In-network	Out-of-network
<b>Physician</b> office hours (not-surgical, not preventive)	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
Physician surgical services	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

Description	In-network	Out-of-network
Physician telemedicine	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
consultation		

Description	In-network	Out-of-network
Physician visit during inpatient stay	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# Specialist

Description	In-network	Out-of-network
Specialist office hours	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
(not-surgical, not preventive)		
Specialist surgical	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
services		

Description	In-network	Out-of-network
Specialist telemedicine	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
consultation		

# All other services not shown above

Description	In-network	Out-of-network
All other services	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# Preventive care

Description	In-network	Out-of-network
Preventive care services	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
Breast feeding	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
counseling and support	100% per visit, no <b>deddetible</b> applies	100% per visit, no <b>deddetible</b> applies
Breast feeding	6 visits in a group or individual setting	6 visits in a group or individual setting
counseling and support		o visits in a group of marviadal setting
limit	Visits that exceed the limit are covered	Visits that exceed the limit are covered
	under the <b>physician</b> services office visit	under the <b>physician</b> services office visit
Breast pump,	Electric pump: 1 every 1 year	Electric pump: 1 every 1 year
accessories and supplies		Lieutic pump. I every I year
limit	Manual pump: 1 per pregnancy	Manual pump: 1 per pregnancy
		Manual pump. I per pregnancy
	Pump supplies and accessories: 1	Pump supplies and accessories: 1
	purchase per pregnancy if not eligible to	purchase per pregnancy if not eligible to
	purchase a new pump	purchase a new pump
Proact nump waiting		
Breast pump waiting	Electric pump: 1 year to replace an	Electric pump: 1 year to replace an
period	existing electric pump	existing electric pump
Counseling for alcohol or	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
drug misuse	5. 11. /42	5 1:11 /42
Counseling for alcohol or	5 visits/12 months	5 visits/12 months
drug misuse visit limit		
Counseling for obesity,	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
healthy diet		
Counseling for obesity,	Age 0-22: unlimited visits	Age 0-22: unlimited visits
healthy diet visit limit		
	Age 22 and older: 26 visits per 12	Age 22 and older: 26 visits per 12
	months, of which up to 10 visits may be	months, of which up to 10 visits may be
	used for healthy diet counseling.	used for healthy diet counseling.
Counseling for sexually	100% per visit, no <b>deductible</b> applies	100% per visit after <b>deductible</b>
transmitted infection		
Counseling for sexually	2 visits/12 months	2 visits/12 months
transmitted infection		
visit limit		
Counseling for tobacco	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
cessation		
Counseling for tobacco	8 visits/12 months	8 visits/12 months
cessation visit limit		
Family planning services	100% per visit, no <b>deductible</b> applies	80% per visit, no <b>deductible</b> applies
(female contraception		
counseling)		
Family planning services	Contraceptive counseling limited to 2	Contraceptive counseling limited to 2
(female contraception	visits/12 months in a group or individual	visits/12 months in a group or individual
counseling) limit	setting	setting
Hearing exam-newborn	100% per visit, no deductible applies	100% per visit, no deductible applies
Hearing exam limit	One within 30 days of birth	One within 30 days of birth
Immunizations	100%, no <b>deductible</b> applies	100%, no <b>deductible</b> applies

Immunizations limit	Subject to any age limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention	Subject to any age limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention
	For details, contact your <b>physician</b>	For details, contact your physician
Routine cancer screenings	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
Routine cancer screening limits	Subject to any age, family history and frequency guidelines as set forth in the most current:	Subject to any age, family history and frequency guidelines as set forth in the most current:
	Evidence-based items that have a rating of A or B in the current recommendations of the USPSTF	Evidence-based items that have a rating of A or B in the current recommendations of the USPSTF
	The comprehensive guidelines supported by the Health Resources and Services Administration	The comprehensive guidelines supported by the Health Resources and Services Administration
	For more information contact your <b>physician</b> or see the <i>Contact us</i> section	For more information contact your <b>physician</b> or see the <i>Contact us</i> section
Routine lung cancer screening	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
Routine lung cancer screening limit	1 screenings every 12 months	1 screenings every 12 months
	Screenings that exceed this limit covered as outpatient diagnostic testing	Screenings that exceed this limit covered as outpatient diagnostic testing
Routine physical exam Routine physical exam limits	100% per visit, no <b>deductible</b> applies Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents	100% per visit, no <b>deductible</b> applies Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents
	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams every 12 months age 2-3; and 1 exam every 12 months after that age, up to age 22; 1 exam every 12 months after age 22	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams every 12 months age 2-3; and 1 exam every 12 months after that age, up to age 22; 1 exam every 12 months after age 22
	High risk Human Papillomavirus (HPV) DNA testing for woman age 30 and older limited to 1 every 36 months	High risk Human Papillomavirus (HPV) DNA testing for woman age 30 and older limited to 1 every 36 months

Well woman GYN exam	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
Well woman GYN exam	Age 18 and over or recommended by a	Age 18 and over or recommended by a
limit	physician	physician
Limit	1 visit	1 visit

# **Prosthetic Devices**

Includes medical wigs

Description	In-network	Out-of-network
Prosthetic devices	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# **Reconstructive surgery and supplies**

## Including breast surgery

Description	In-network	Out-of-network
Surgery and supplies	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

## Short-term rehabilitation services

#### Cardiac rehabilitation

Description	In-network	Out-of-network
Cardiac rehabilitation	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# Pulmonary rehabilitation

Description	In-network	Out-of-network
Pulmonary	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

### **Cognitive rehabilitation**

Description	In-network	Out-of-network
Cognitive rehabilitation	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# Physical and occupational therapies

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
Speech therapy (ST)		
Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# **Spinal manipulation**

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# **Skilled nursing facility**

Description	In-network	Out-of-network
Inpatient services -	80% per admission after <b>deductible</b>	\$500 then the plan pays 80% per admission after <b>deductible</b>
room and board		admission after deductible
Other inpatient services and supplies	80% per admission after <b>deductible</b>	80% per admission after <b>deductible</b>

Day limit per year	120	120

# Tests, images and labs - outpatient

# **Diagnostic complex imaging services**

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

#### **Diagnostic lab work**

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# Diagnostic x-ray and other radiological services

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# Therapies

# Chemotherapy

Description	In-network	Out-of-network
Chemotherapy services	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# Gene-based, cellular and other innovative therapies (GCIT)

Description	In-network (GCIT-designated facility/provider)	Out-of-network (Including providers who are otherwise part of Aetna's network but are not GCIT-designated facilities/providers)
Services and supplies	Covered based on type of service and where it is received	Not covered

# Infusion therapy

**Outpatient services** 

Description	In-network	Out-of-network
	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

#### **Radiation therapy**

Description	In-network	Out-of-network
Radiation therapy	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# **Respiratory therapy**

Description	In-network	Out-of-network
Respiratory therapy	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# **Transplant services**

Description	In-network (IOE facility)	Out-of-network
		(Includes providers who are otherwise
		part of Aetna's network but are non-IOE
		providers)
Inpatient services and	80% per transplant after deductible	\$500 then the plan pays 80% per
supplies		transplant after deductible
Physician services	Covered based on type of service and	Covered based on type of service and
	where it is received	where it is received

# **Urgent care services**

At a freestanding facility or **provider** that is not a **hospital** 

A separate urgent care cost share will apply for each visit to an urgent care facility or **provider** 

Description	In-network	Out-of- network
Urgent care facility	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>

# Walk-in clinic

Not all preventive care services are available at a **walk-in clinic**. All services are available from a network **physician**.

Description	In-network	Out-of-network
Non-emergency services	80% per visit after <b>deductible</b>	80% per visit after <b>deductible</b>
Preventive	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
immunizations		
Immunization limits	Subject to any age and frequency limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention For details, contact your <b>physician</b>	Subject to any age and frequency limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention For details, contact your <b>physician</b>
Screening and	100% per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
counseling services	1000 per visit, no <b>deductible</b> applies	100% per visit, no <b>deductible</b> applies
Screening and	See the Preventive care services section	See the Preventive care services section
counseling limits	of the schedule	of the schedule